



ellee



MAKE YOUR OWN Apple nachos

*Create your own... healthy (and vegan) nachos!
Easy prep and even easier to eat!*

WHAT YOU NEED:

- 2 apples (what color is your fave?)
- 1/4- 1/3 cup nut butter (peanut, almond, sunflower)
- 1 tbl lemon juice
- Optional:
 - Chocolate chips (dark chocolate if vegan)
 - Sprinkles
 - Cinnamon, coconut shavings, raisins, crushed Oreos (go crazy here)

1

Wash, core and cut your favorite brand and color apples into slices (we prefer thin slices)

BCB Tip: let the kids do the rest

2

Place apple slices in a covered bowl with lemon juice and shake, shake, shake (preferably to a Taylor Swift song)

3

Heat nut butter in microwave for 20-30 seconds

4

Lay apples on a serving plate and drizzle nut butter all around

5

Top with toppings of your choice. We're going with choco chips and crushed oreos

6

Post pic on IG and tag @bumpclubandbeyond

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*Serves 1 generously or
2 on a small plate

