



elle

MAKE YOUR OWN Pressed Flower Placemats

Create your own pressed flower placemat using fresh flower or leaves if you prefer to bring an unexpected element of the outdoors and nature inside.

WHAT YOU NEED:

- Flowers
- Mod Podge
- Paint Brush
- Newsprint or Parchment Paper
- 2 Clear Dry Erase Boards
- Heavy Books

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1

Gather flowers and cut off the flower heads very close to the bottom of the petals

2

Layout your newsprint of paper and place flowers cut side down. Lay another layer of newsprint or paper on top of the flowers.

3

Gather several heavy books and place on top of the newsprint or paper. The flowers need to stay under the books for 2-3 weeks.

4

Lift up the newsprint or paper to see your beautifully pressed flowers and lay pressed flowers face side down onto one of the clear dry erase boards

5

Using a paint brush, place a dab of mod podge on the back of each flower and place the other clear board on top of the flowers

6

Place the heavy books on top of the placemat for an hour or two until the glue dries

